
ADHD Center
Developmental & Behavioral Pediatrics
Cohen Children's Medical Center of NY

**Family-Based Treatment for
Children with ADHD
and Their Parents**

Our family-based program consists of weekly concurrent groups for parents and children. Parents meet in a group to enhance parenting skills in a supportive environment. Children meet with their peers to learn the tools and skills necessary to improve their social skills and their well-being. Families are brought together for the last portion of the session to review key concepts and practice newly learned skills. All services are supervised by a psychologist specializing in ADHD.

Topics covered in the Parent Group include:

- Understanding ADHD
- Discipline and Limit Setting
- Communication Skills
- Homework and Educational Issues
- Problem Solving & Coping Skills
- Behavior Modification
- Navigating Sibling and Peer Conflict
- Teaching Children Social Skills

Topics covered in the Child Group include:

- Problem Solving
- Coping Techniques
- Social Skills
- Relaxation Training

AND much more!

Families are being screened **NOW** to join the
group beginning October 2012!

Individual and Family Therapy are also available!
For more information or to schedule a screening, please contact:

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